



Elementary Cafeteria Lunch Program Calendar



THE SEED



JUNE 2019



THE SEED

FT = FIELD TRIP – DO NOT ORDER

* Dessert not included as part of the Entrée ** NEW menu item

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Day 3 3</p> <p>Chicken Quesadilla Fresh Veggies * Sugar Cookie</p> <p>FT GR 4 Drumheller Trip</p>	<p>Day 4 4</p> <p>Sweet & Sour Meatballs, Rice & Mixed Veggies</p> <p>FT GR 1 Ambrosine/Solanki FT GR 4 Drumheller Trip</p>	<p>Day 5 5</p> <p> Grilled Cheese Sandwich & Fresh Fruit * Chocolate Chip Cookie</p> <p>FT GR 1 Tanguay/Bertoldi FT GR 4 Drumheller Trip</p>	<p>Day 6 6</p> <p> Penne with Marinara Sauce & Focaccia Bread</p> <p>FT GR 5 Patrollers</p>	<p>Day 1 7</p> <p>Fresh Picnic Plate & Fresh Fruit</p> <p> * Variety Pudding</p>
<p>Day 2 10</p> <p>Online Ordering Year-End BBQ</p> <p> Basa Fillet, Rice & Mixed Veggies * Ginger Molasses Cookie</p> <p>FT GR 2 Bourque/Turmeau</p>	<p>Day 3 11</p> <p>Online Ordering Year-End BBQ</p> <p> Chicken Fried Rice Fresh Fruit Fortune Cookie</p>	<p>Day 4 12</p> <p>Online Ordering Year-End BBQ</p> <p>Chicken Burger & Fresh Fruit</p> <p>* Homemade Chocolate Pie</p>	<p>Day 5 13</p> <p>Online Ordering Year-End BBQ</p> <p> Belgian Waffles with Strawberries & Whipped Cream</p> <p>FT GR 2 Banning/deChamplain</p>	<p>Day 6 14</p> <p>Online Ordering Year-End BBQ</p> <p>Lasagna & Caesar Salad</p> <p>* Vanilla Ice Cream</p>
<p>Day 1 17</p> <p>Chicken Nuggets & Fresh Veggies</p>	<p>Day 2 18</p> <p>Italian Meatball Sub & Fresh Veggies</p> <p>* Blueberry Cream Cheese Stick</p> <p>FT GR 2 All Classes FT GR 2 Banning/deChamplain</p>	<p>Day 3 19</p> <p> Butter Chicken, Rice & Mixed Veggies</p>	<p>Day 4 20</p> <p> Simple Simon Sheppard's Pie & Fresh Fruit/Veggies</p> <p>* Dbl. Chocolate Cookie</p> <p>FT GR 1 All Classes</p>	<p>Day 5 21</p> <p> PIZZA DAY LUNCH</p>
<p>Day 6 24</p> <p>YEAR-END BBQ</p> <p> Free to all Full-Day Students and Staff</p> <p> Online Ordering Open June 10 – June 14</p>	<p>Day 1 25</p> <p>No Cafeteria Today Microwaves/Hot water will be available</p> <p>NO UTENSILS Field Trip GR 3 Stephenson/Bouaziz/Keuben</p>	<p>Day 2 26</p> <p>No Cafeteria Today Microwaves/Hot water will be available</p> <p>NO UTENSILS</p>	<p>Day 3 27</p> <p>LAST DAY OF SCHOOL (Early Dismissal)</p>	
<p>June 20th last day - Cafeteria Food Service June 24th - Year-end BBQ June 25st & June 26th Please send a lunch and any utensils required Hot water & microwaves will be available until June 26th</p>				<p>Have a great</p> <p>summer</p>

= gluten free option available. Not appropriate for Celiac. = vegetarian. Please email to advise of order tnelson@cfis.com