



Elementary Cafeteria Lunch Program Calendar



THE SEED









May 2019



THE SEED

FT = FIELD TRIP – DO NOT ORDER

* Dessert not included as part of the Entrée ** NEW menu item

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>FIELD TRIPS DO NOT ORDER on days your child has a fieldtrip. Pack a bag lunch</p>  		<p>Day 6</p> <p>1</p> <p>Mac n' Cheese & Garden Salad</p> <p>*Ginger Molasses Cookie</p> <p>FT GR 3 Keuben</p> 	<p>Day 1</p> <p>2</p> <p>Italian Meatball Sub & Fresh Fruit</p> <p>FT GR 3 Keuben</p>	<p>Day 2</p> <p>3</p> <p>Mexican Tortilla Soup & Fresh Veggies (Corn Bread Muffin)</p> <p>*Mini Chocolate Pie</p> <p>FT GR 3 Keuben</p>
<p>Day 3</p> <p>6</p> <p>GF Butter Chicken Rice & Corn</p> <p>*Chocolate Ice Cream</p> <p>FT GR 3 All Classes</p> 	<p>Day 4</p> <p>7</p> <p>BBQ Pulled Pork (on a bun) Coleslaw</p>	<p>Day 5</p> <p>8</p> <p>Chicken Burger & Fresh Veggies</p> <p>*Snickerdoodle Cookie</p>	<p>Day 6</p> <p>9</p> <p>Tuna Melt & Fresh Fruit</p>	<p>Day 1</p> <p>10</p> <p>GF Simple Simon Chicken Pot Pie & Fresh Fruit/Veggies</p> <p>*Homemade Puffed Wheat Square</p>
<p>Day 6 June Ordering Open</p> <p>13</p> <p>V Mini Perogies, & Garden Salad</p> <p>*Rice Pudding</p>	<p>Day 1 June Ordering Open</p> <p>14</p> <p>Chicken Caesar Wrap & Fresh Fruit</p>	<p>Day 2 June Ordering Open</p> <p>15</p> <p>Chicken Fried Rice & Fresh Fruit, Fortune Cookie</p> <p>*Mini Cinnamon Bun</p>	<p>Day 3 June Ordering Open</p> <p>16</p> <p>Beef Hot Dog & Fresh Veggies</p>	<p>June Ordering Open</p> <p>17</p> <p>NO SCHOOL PD DAY</p>
<p>20</p> <p>NO SCHOOL VICTORIA DAY</p>	<p>Day 6</p> <p>21</p> <p>French Toast, Turkey Sausage & Fresh Fruit</p>	<p>Day 1</p> <p>22</p> <p>GF Beef Chili Cheese Nachos</p> <p>*Homemade Coconut Cookie</p>	<p>Day 2</p> <p>23</p> <p>Ginger Beef, Rice & Mixed Veggies</p>	<p>Day 3</p> <p>24</p> <p>V GF PIZZA DAY LUNCH</p> 
<p>Day 4</p> <p>27</p> <p>V GF Falafels, Naan, & Fresh Veggies</p> <p>*Dbl Choc Chip Cookie</p> <p>FT GR 3 Bouaziz</p>	<p>Day 5</p> <p>28</p> <p>Beef Quesadilla & Fresh Fruit</p>	<p>Day 6</p> <p>29</p> <p>V Rotini Alfredo & Garden Salad</p> <p>*Monster Cookie</p> <p>FT GR 3 Stephenson/Keuben</p>	<p>Day 1</p> <p>30</p> <p>V Three Cheeses Mini Pizza & Fresh Fruit</p>	<p>Day 2</p> <p>31</p> <p>Fish Bites, Rice & Mixed Veggies</p> <p>*Homemade Rice Krispies Treat</p>

GF = gluten free option available. Not appropriate for Celiac. V = vegetarian. Please email to advise of order tnelson@cfis.com